



# JAMES LAGOS

## DIRECTOR OF BASEBALL OPERATIONS

- 4 year varsity player and all star, Millis High School
- 2 year player, CCRI, (P)
- 2 year DIII player, Framingham State
- Head Coach of Post 110 Medfield American Legion Baseball
- Assistant Coach for Post 335 Norfolk American Legion Baseball
- Assistant Coach at the Noble & Greenough
- Pitching coach for the Southeast Region in the Bay State Games
- Assistant Coach for the Nokona 18U College Commit Team
- Training Coordinator for the MetroWest Sun Devils AAU program
- Director of Baseball Operations at Sluggers Academy
- Director of Hitting Clinics for Newton Panthers Softball
- Board member, Millis Girls Softball League Executive Board
- Director of Baseball Operations at Brand New Ballgame

James is available for baseball and softball hitting, pitching, fielding, and catching instruction. Book your lesson online at [www.brandnewballgame.org](http://www.brandnewballgame.org) or call 508-384-8295.